GENERAL COMFORT QUESTIONNAIRE

Thank you VERY MUCH for helping me in our study of the concept COMFORT. Below are statements that may describe your comfort right now. Six numbers are provided for each question; please circle the number you think most closely matches your feeling. This is about your comfort at the moment you are answering the questions.

1. There are those I can depend on when I need help
2. These surroundings are pleasant
3. The sounds keep me from resting
4. I do not like it here
5. My pain is difficult to endure
6. I am afraid of what is next
7. The temperature in this room is fine
8. I feel out of place here
9. I need to be better informed about my health
10. I don’t have many choices
11. I am depressed
12. The mood around here uplifts me
13. I am content

PLEASE GIVE THIS TO YOUR NURSE WHEN YOU ARE FINISHED. THANK YOU.

Adapted from “Shortened GCQ”, Kathy Kocaba 2006